

**Proposed Benefit Summary**  
**887 City of San Jose**

**Principal Benefits for Kaiser Permanente Traditional Plan (1/1/10—12/31/10)**

The Services described below are covered only if all the following conditions are satisfied:

- The Services are Medically Necessary
- The Services are provided, prescribed, authorized, or directed by a Plan Physician and you receive the Services from Plan Providers inside our Northern California Region Service Area (your Home Region), except where specifically noted to the contrary in the *Evidence of Coverage (EOC)* for authorized referrals, hospice care, Emergency Care, Post-Stabilization Care, Out-of-Area Urgent Care, and emergency ambulance Services

**Annual Out-of-Pocket Maximum for Certain Services**

For Services subject to the maximum, you will not pay any more Cost Sharing during a calendar year if the Copayments and Coinsurance you pay for those Services add up to one of the following amounts:

For self-only enrollment (a Family of one Member) .....	\$1,500 per calendar year
For any one Member in a Family of two or more Members .....	\$1,500 per calendar year
For an entire Family of two or more Members .....	\$3,000 per calendar year

**Deductible or Lifetime Maximum** None

**Professional Services (Plan Provider office visits)** You Pay

Routine preventive care:

Physical exams .....	\$10 per visit
Well-child visits (through age 23 months) .....	\$10 per visit
Family planning visits .....	\$10 per visit
Scheduled prenatal care visits and first postpartum visit .....	\$10 per visit
Eye exams for refraction .....	\$10 per visit
Hearing tests .....	\$10 per visit
Flexible sigmoidoscopies .....	\$10 per visit

Primary and specialty care visits..... \$10 per visit

Urgent care visits .....

Physical, occupational, and speech therapy..... \$10 per visit

**Outpatient Services** You Pay

Outpatient surgery and certain other outpatient procedures .....

Allergy injection visits .....

Allergy testing visits..... \$10 per visit

Most vaccines (immunizations)..... No charge

X-rays and lab tests .....

Health education:

Individual visits .....

Group educational programs .....

**Hospitalization Services** You Pay

Room and board, surgery, anesthesia, X-rays, lab tests, and drugs .....

**Emergency Health Coverage** You Pay

Emergency Department visits .....

Note: This Cost Sharing does not apply if admitted directly to the hospital as an inpatient (see "Hospitalization Services" for inpatient Cost Sharing)

**Ambulance Services** You Pay

Ambulance Services .....

**Prescription Drug Coverage** You Pay

Covered outpatient items in accord with our drug formulary guidelines from

Plan Pharmacies or from our mail-order service:

Generic items .....

Brand-name items .....

**Durable Medical Equipment** You Pay

Covered durable medical equipment for home use in accord with our durable medical equipment formulary guidelines .....

**Mental Health Services** You Pay

Inpatient psychiatric hospitalization and intensive psychiatric treatment programs (up to 45 days per calendar year) .....

continued

<b>Mental Health Services</b>	<b>You Pay</b>
Outpatient visits:	
Up to a total of 20 individual and group visits per calendar year .....	\$10 per individual visit \$5 per group visit
Up to 20 additional group visits that meet the Medical Group criteria in the same calendar year.....	\$5 per group visit

Note: Visit and day limits do not apply to Serious Emotional Disturbances of children and Severe Mental Illnesses as described in the EOC.

<b>Chemical Dependency Services</b>	<b>You Pay</b>
Inpatient detoxification .....	No charge
Outpatient individual visits .....	\$10 per visit
Outpatient group visits .....	\$5 per visit
Transitional residential recovery Services (up to 60 days per calendar year, not to exceed 120 days in any five-year period).....	\$100 per admission

<b>Home Health Services</b>	<b>You Pay</b>
Home health care (up to 100 visits per calendar year).....	No charge

<b>Other</b>	<b>You Pay</b>
Hearing aid(s) every 36 months.....	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period) .....	No charge
Hospice care .....	No charge

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Sharing, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Sharing. For a complete explanation, please refer to the EOC. Please note that we provide all benefits required by law (for example, diabetes testing supplies).