

Retirement Services



NOVEMBER IS OPEN ENROLLMENT MONTH

November is Open Enrollment month for City of San José retirees. During November you will have the opportunity to:

- ◆ Change your medical, dental, and/or vision plans
- ◆ Re-enroll if you have dropped your medical, dental, and/or vision coverage
- ◆ Add qualified dependents to your medical, dental, and/or vision plans

Open Enrollment change requests must be submitted to Retirement Services by **November 30, 2010**. To enroll On-Line, visit our website at www.sjretirement.com. Changes will become effective January 1, 2011.

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Please Note: Open Enrollment information will be mailed to all qualifying retirees the last week in October. If you do not receive the information, call us at (408) 794-1000 or toll free at (800) 732-6477, to request that a packet be sent to you, or visit our website www.sjretirement.com.

IMPORTANT INFORMATION ABOUT PREMIUMS AND NEW CO-PAYMENTS

Starting January 1, 2011, new options for non-Medicare eligible retirees have been added for both Kaiser Permanente and Blue Shield with reduced premiums and increased co-pays. A comparison chart will be included with the Open Enrollment packet. Take a minute to review the changes so you can be informed.

HEALTH CARE REFORM CHANGES

One provision extends health coverage to dependents until their 26th birthday, regardless of student, employment, residential or marital status. This coverage is not automatic. You must take action to re-enroll eligible dependents by completing the open enrollment form and submitting it no later than November 30, 2010. The full-time student guidelines still apply for dental, vision, and life insurance coverage.

See Open Enrollment Page 2



Open Enrollment *continued from page 1*

The lifetime limits on the dollar value of benefits under the Blue Shield, PacifiCare, and Secure Horizon plans no longer apply. Individuals whose coverage ended by reason of reaching a lifetime limit under these plans are eligible to enroll. You may request enrollment during the open enrollment period by completing and submitting the open enrollment form no later than November 30, 2010.

OPEN ENROLLMENT REMINDER

Full-Time Students for Dental, Vision, and Life Insurance Coverage

Dependent children between the ages of 19 and 24 must be unmarried and enrolled as full-time students (12 units or more at an accredited school). You must provide enrollment verification if you wish to enroll or maintain coverage for a full-time student. Verification must be submitted **every semester/quarter** to maintain coverage. Child dependents are dropped from coverage when they fail to furnish full time student verification or when they graduate, and are dropped automatically the last day of the month s/he turns age 24.

PROVIDER INFORMATION SEMINARS

Representatives from your health, dental, and vision plans will be available at the Retirement Services office on Tuesday, November 16, 2010, to answer retirees' plan-specific questions through out the duration of the Health Fair. The Health Fair is scheduled from 10:00 am to 2:00 pm in the Board Room located at 1737 North First Street, Suite 600, 6th Floor, San José, CA.

NEW ~ VOLUNTARY INSURANCE BENEFITS

Starting January 1, 2011, Trustmark Insurance Company will be offering voluntary insurance benefits including Critical Illness with a Cancer Rider and Accident insurance policies. If you are 64 years old or younger and would like more information, please contact an Enrollment Counselor by calling (866) 998-2915, Monday – Friday, 5am – 5pm PST to schedule an appointment or visit their website www.myenrollmentschedule.com/sanjose to schedule an appointment. Enrollment must be completed by November 30, 2010.

FLU SHOTS -*Why get vaccinated against the flu?*

Anyone can catch a flu virus. Most people will feel ill for a few days and suffer fever, sore throat, chills, fatigue and cough. Flu can lead to pneumonia and can be dangerous for people with heart, breathing conditions or a compromised immune system. Every year about 36,000 people die in the United States, mostly the elderly, from complications related to influenza. You can be infected by the influenza virus – but not feel ill – and pass the virus to your family, friends and co-workers, or other people who have a high risk of complications.

Retirement Services has the Kaiser Permanente Injection Team scheduled to come to our Health Fair on November 16th from 10am to 2pm to provide combined **FREE** H1N1 and “seasonal” flu shot to retirees and employees. Even if you are not a Kaiser member, you can still get a **FREE** flu shot. Blue Shield will be paying for half the costs of the flu shots.

In Retirement What Should be Important to You

What is the most important aspect of your life when you retire? Is it your finances? Is it your companions? Or, is it simply your health? You've led a busy life prior to your retirement and maybe you haven't taken very good care of your health. With your retirement starting this is a good time to make your health one of your priorities. After all if you are eligible you have selected the health plan that is best for you and your situation. You should make use of this superior benefit.

What can you do? See your doctor for important preventive screenings and adult immunizations. Prevention is the best way to keep from getting sick or to find diseases early, when they are easier to treat.

Talk to your doctor about getting the following screenings:

- Blood pressure, body mass index and more
- Cholesterol
- Abdominal aortic aneurysm (If you are between ages 65 and 75 and have ever smoked ask your doctor about being screened once.)
- Colorectal cancer (different testing options are available. Talk to your doctor about which test is right for you)

This is only a suggestive list. The most important thing that you can do is talk to your doctor and schedule regular physicals.

Ask your doctor if you are due for any of the following immunizations:

- Annual flu shot
- Pneumonia—for people with chronic conditions and all adults age 65 and older
- TD booster (tetanus and diphtheria) - every 10 years
- Zostavax (shingles) - age 60 and older

These tips are based on nationally recognized guidelines. For questions about preventive health benefits call the customer services number for your plan. The number is located on your insurance card.



RETIREMENTS (3,471.22 Years of Service (YOS))

March 2010

Jose, G. Anaya, ESD, 30.02 YOS
 Lillian Avila, Police, 29.81 YOS
 Michelle L. Battaglia, Police, 30.02 YOS
 Danita M. Bratcher, IT, 25.79 YOS
 Lygia A. Carter, Finance, 29.59 YOS
 Gordon T. Castro, PRNS, 27.03 YOS
 Janice D. Demaree, IT, 22.70 YOS
 Mary Ellen E. Dick, ESD, 23.88 YOS
 Lisa B. Feldburg, Library, 25.97 YOS
 Ronnie L. Flores, GS, 29.84 YOS
 Milagros S. Garcia, Police, 30.27 YOS
 Heidi M. Geary, Police, 19.50 YOS
 Paula A. Gienger, Library, 11.15 YOS
 Lovella Grubbs, Library, 27.66 YOS
 William A. Guraro, PRNS, 30.53 YOS
 Marie D. Alberry-Hawkins, PRNS, 30.67
 Rosamaria Hernandez, CMO, 19.24 YOS
 Shirley B. Ibay, Airport, 21.45 YOS
 Paul G. Inouye, Fire, 7.97 YOS
 Gary L. Jansen, PW, 31.74 YOS
 Michelle K. Jennings, PRNS, 29.93 YOS
 Katherine Jensen, PW, 20.25 YOS
 Frank P. Lettieri, Airport, 20.08 YOS
 Glenda Lucas, Attorney's Office, 9.15 YOS
 Francisco B. Luna, ESD, 28.86 YOS
 Po Kui Ma, ESD, 6.92 YOS
 Thomas R. Mclauchlan, PW, 30.32 YOS
 Scott A. McMillan, Fire, 18.19 YOS

Fereydoun A. Moezzi, PW, 23.7 YOS
 Joe Mosley, PRNS, 19.96 YOS
 Tom Nakamoto, DOT, 20.03 YOS
 Patricia Norton, Fire, 20.27 YOS
 Susan A. Perreira, Retirement, 26.35 YOS
 Dennis L. Pfaff, Airport, 28.31 YOS
 Lily R. Ponce, PRNS, 29.66 YOS
 Phillip M. Prince, PW, 24.70 YOS
 Anita M. Rios, Housing, 24.69 YOS
 George Rios, Attorney's Office, 30.25 YOS
 Lucio Romero, GS, 16.28 YOS
 Bradley Rose, Airport, 29.63 YOS
 Manuel A. Ruiz, Deferred Vested, 15.04 YOS
 Joanne E. Sanfilippo, ESD, 9.22 YOS
 Michael D. Seabury, PW, 30.40 YOS
 Gordon R. Searle, ESD, 23.30 YOS
 Lauro C. Sepulveda, PW, 30.02 YOS
 John Serrao, Airport, 29.80 YOS
 Richard J. Stahlberger, DOT, 30.02 YOS
 James Thoman, GS, 20.68 YOS
 Timothy Town, ESD, 32.25 YOS
 Michael J. Underwood, GS, 28.24 YOS
 Juan S. Vigil, RDA, 7.72 YOS
 Deborah A. Warkentin, Retirement, 20.21 YOS
 Connie Wolff, HR, 8.15 YOS
 Denise M. Woodard, PW, 24.55 YOS
 Wendy Chan, DOT, 24.71 YOS

April 2010

Terre C. Abrigo, GS, 16.30 YOS
 Eileen Aparicio, Attorney's Office, 22.87 YOS
 Leslie Brady, Airport, 10.41 YOS
 Christina M. Ewing, Police, 25.75 YOS
 Carol M. Foley, PRNS, 5.41 YOS
 Kathryn J. Ford, PRNS, 15 YOS
 Beatrice Gil, GS, 23.88 YOS
 Raul Guerrero, DOT, 10.24 YOS
 Rosa Guzman, GS, 30.0 YOS
 Judith Harsany, Police, 15.01
 Bich-Nga Le Hong, Police, 29.21 YOS
 J. Wayne Hoskins, PW, 34.93 YOS
 Ronald B. Ippolito, PRNS, 20.58 YOS
 Gregory W. Johnson, DOT, 8.53 YOS

Terrence E. Keeley, Airport, 30.10 YOS
 Tony Majors, ESD, 15.66 YOS
 Diana Medrano, Police, 24.71 YOS
 Peter Neumiller, DOT, 24.78 YOS
 Jack Overstreet, Police, 25.01 YOS
 Rafael A. Romero, Jr., ESD, 20.77 YOS
 Fredrick Sabour, PW, 29.16 YOS
 Gregory H. Sancier, Police, 25.01 YOS
 Carol Searle, Deferred Vested, 7.52 YOS
 April Serr, Fire, 24.25 YOS
 Dennis Tam, PW, 29.74 YOS
 Vinod K. Vashisht, PRNS, 23.70 YOS
 David R. Yazzolino, Police, 24.94 YOS
 Jerry T. Yoshida, PBCE, 24.93 YOS

RETIREMENTS

May 2010

Suchet K. Bhatnager, PW, 11.87 YOS
 Bruce E. Cannon, Fire, 19.69 YOS
 Bertha L. Cooke, Police, 25.90
 Deborah Dean, PRNS, 30.04 YOS
 Camille Giuliiodibari, Police, 25.1 YOS
 Charles T. Gould, Police, 25.13 YOS
 John Guthrie, Finance, 8.76 YOS
 Keith Keesling, Fire, 24.45 YOS
 Ruvi Maria Lopez, ESD, 23.74 YOS
 David J. Mathiasmeier, PW, 10.12 YOS
 Fernando Mendoza, GS, 26.48 YOS
 Gary L. Okazaki, PRNS, 30.03 YOS

Ralph Ortega, Fire, 28.99 YOS
 Steven H. Parker, PW, 7.02 YOS
 William J. Potter, Airport, 12.64 YOS
 Steven E. Pryor, Police, 25.6
 James Raver, CAE, 5.0 YOS
 Raymond Ruiz, GS, 29.35 YOS
 Robert A. Sgambati, DOT, 25.73 YOS
 John L. Singh, DOT, 28.58 YOS
 Victoria Talbot, GS, 20.24 YOS
 Linda Webster, Library, 23.21 YOS
 Arthur Zapien, DOT, 37.50 YOS

June 2010

Steven Alexander, IT, 7.87 YOS
 Robert Lee Asher, GS, 19.89 YOS
 Cleopatra Asuncion-Heppes, PD, 29.35 YOS
 Susan Barnes, CMO, 6.72 YOS
 Joseph Brady, CAE, 19.78 YOS
 Alice Clark, Housing, 16.87 YOS
 Nick Corral, DOT, 32.94 YOS
 Ellen Croutch, PW, 18.78 YOS
 Joseph DiCiuccio, CAO, 19.50 YOS
 Carol Easter, IT, 30 YOS
 Martha Esquivel, PRNS, 10.92 YOS
 Pastor Esteves, Jr., ESD, 25.10 YOS
 Carole Ferris-Greer, PRNS, 28.81 YOS
 Brian Fowler, Library, 28.43 YOS
 Luis Galindo, DOT, 30.05 YOS
 Steven Garcia, DOT, 27.19 YOS
 Yolanda Garcia, PRNS, 20.83 YOS
 Ann Garside, ESD, 17.89 YOS
 Barbara Gilbert, Library, 15.62 YOS
 Alexander Guiang, RDA, 20.61 YOS
 Scott Haddock, CAE, 29.25 YOS
 Irwin Horowitz, DOT, 29.43 YOS
 Steven, Iaconis, PRNS, 15.04 YOS

Brenda Katai, PRNS, 26.24 YOS
 David Kelley, CAE, 20.59 YOS
 Evet Loewen, CAO, 29.57 YOS
 Felix H. Lujan, Jr., GS, 30.03 YOS
 Angela McCarren, Library, 25.03 YOS
 Linda Meiss, Library, 34.62 YOS
 Frank Mello, PW, 30.20 YOS
 Ruth Mills, Police, 30.40 YOS
 Rita Moreno, Airport, 28.87 YOS
 John Mower, CAO, 24.42 YOS
 Arlene Nakagawara, PW, 24.21 YOS
 Lorain L. Oback, Library, 31.61 YOS
 Creston Olson, DOT, 25.59 YOS
 Linda Patten-Morris, DOT, 24.19 YOS
 Atonio Pereza, ESD, 19.70 YOS
 Rick Pohle, Airport, 17.82 YOS
 Alex B. Ramos, ESD, 30.03 YOS
 Moses Serrano, Airport, 30.00 YOS
 Greg Schultz, DOT, 30.04 YOS
 Robert Smith, DOT, 19.19 YOS
 Felipe Vera Cruz, PBCE, 21.12 YOS
 John Weis, RDA, 9.24 YOS
 Gordon Yusko, Library, 10.40 YOS

July 2010

No retirements

Web Member Services is There For You 24/7

Web Member Services (WMS) can be accessed via the internet - www.sjretirement.com. The secured portal allows you to access your personal data including:

For Retirees:

- ◆ Benefit Payroll History
- ◆ 1099R
- ◆ Federal and State Tax withholding
- ◆ Non-taxable income
- ◆ Direct deposit account information
- ◆ Insurances
- ◆ Deductions
- ◆ Demographic data
- ◆ View your designated Beneficiaries

For Active, Deferred Vested and Inactive Employees:

- ◆ Benefit Estimator
- ◆ Contribution balances
- ◆ Years of Service
- ◆ Demographic information
- ◆ Nominated Beneficiaries

Here’s a guide on how to gain access to your personal information:

1. Go to www.sjretirement.com and click on your Retirement Plan
2. Select the “My Account” button from the menu on the left. First time users will be guided through the creation of a user id and password by clicking on ‘Need an account’.
3. Log in to access your own information. (If you don’t know your username and password call Barbara Hayman 408-794-1026 or May Cheung 408-794-1027 or Gina Billings 408-794-1025 during business hours.)

On the left side you will find a menu listing of all your available selections.

If you are a retiree and would like to **Go Green** take advantage of our Online Open Enrollment feature this year – get your WMS username and password account details now – you’ll be asked to log in to WMS to access the online open enrollment form. Note: The Open Enrollment period runs from Nov 1st – Nov 30th.

Board Meetings City Hall Council Chambers 200 E. Santa Clara Street , San Jose 8:30 AM	
Board	Date
Police and Fire	November 4, 2010
Federated	November 10, 2010
Police and Fire	December 2, 2010
Federated	December 9, 2010
Police and Fire	January 6, 2011
Federated	January 13, 2011

IN MEMORY

Name	Department	Retired	Passed Away
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Police and Fire Department Retirement Plan

Virginia Adams	Police	6/14/77	4/23/10
Buck B. Ballard	Police	2/17/79	3/29/10
George H. Cannell	Police	1/16/71	2/3/10
James H. Cornelius	Police	8/10/85	4/14/10
Orville J. Keyser	Fire	9/16/76	2/5/10
Steven W. Kirkendall	Police	10/3/98	2/16/10
El-Hajj Malik	Fire	4/1/04	3/5/10
Louis P. Medrano	Fire	11/15/08	2/11/10
Kenneth E. Ritchie	Fire	7/7/94	1/11/10
George J. Silveria	Fire	11/7/96	4/8/10
Bill F. Wiskel	Police	2/6/96	4/9/10

Federated City Employees' Retirement System

Donald Atkinson	CAO	9/17/83	2/28/10
Rogelio Campos	PRNS	Active	4/21/10
Jesus P. Cervantez	GS	10/4/87	2/3/10
Frank S. Cirigliano	PW	6/20/87	3/31/10
Patricia E. Gibbons	GS	1/14/06	3/12/10
Doris E. Guerreiro	PW	7/25/09	4/22/10
Howard M. Guy	PW	4/29/00	4/20/10
Glenn C. Heath	GS	10/04/87	3/14/10
Ja Lih Lee	Library	2/12/96	12/1/09
George E. McKissick	DOT	11/7/92	2/3/10
Madeline V. Mestice	PBCE	1/6/97	2/25/10
Jose C. Quintana	PRNS	10/4/87	5/1/10
Carlotta Redmond	Police	9/15/00	3/18/10
Peter P. Roti	PRNS	1/3/81	2/28/10
Dale O. Sanders	GS	12/20/86	4/10/10
Thomas Stoflet	Airport	6/21/08	4/16/10
Tony D. Swanson	PBCE	4/09/05	3/31/10
Carl W. Thoresen	ESD	6/27/84	4/20/10
J. Lindsey Wolf	ESD	3/22/08	2/27/10

To request an accommodation or alternative format for City-sponsored meetings, events or printed materials, please call 408-794-1010 or 408-294-9337 (TTY) as soon as possible, but at least three business days before the meeting/event. You may also email Roger.Pickler@sanjoseca.gov, Fax: 408-392-6732



THE
RETIREMENT SERVICES
DEPARTMENT
CITY OF SAN JOSE

www.sjretirement.com
