



# 2024 Over-the-Counter (OTC) Health and Wellness Products

## Kaiser Permanente Medicare Advantage Health Plans



## How do I order?



### Order online

Place your order online with 24/7 availability and access to order tracking.

**California:** [kp.org/otc/ca](https://kp.org/otc/ca)

**Colorado:** [kp.org/otc/co](https://kp.org/otc/co)

**Georgia:** [kp.org/otc/ga](https://kp.org/otc/ga)

**Mid Atlantic:** [kp.org/otc/mas](https://kp.org/otc/mas)

**Washington:** [kp.org/otc/wa](https://kp.org/otc/wa)



### Order by phone

Call your region's OTC Benefit Service reps for help placing an order.

**California: 833-569-2360 (TTY:711)**

Monday–Friday 5 am–5 pm PST

**Colorado: 833-238-6616 (TTY:711)**

Monday–Friday 6 am–6 pm MST

**Georgia: 844-232-6906 (TTY:711)**

Monday–Friday 8 am–8 pm EST

**Mid Atlantic: 833-881-1422 (TTY:711)**

Monday–Friday 8 am–8 pm EST

**Washington: 833-238-6618 (TTY:711)**

Monday–Friday 5 am–5 pm PST



### Order by mail

Complete an **order form** located in the back of the catalog and mail it to the address at the bottom of the form. Mail order forms may take up to 4 weeks to process.

When placing an order, make sure you have your member ID handy. Minimum order amounts may apply.

\*\*Cannot ship to PO Boxes in Alaska, Hawaii, or Puerto Rico.

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being.

## About the benefit

- Members in select Kaiser Permanente Medicare health plans receive a quarterly benefit to purchase health-related products every calendar quarter.  
Q1: Jan–Mar, Q2: Apr–Jun, Q3: Jul–Sep, Q4: Oct–Dec
- Confirm the amount of your quarterly OTC benefit limit by reviewing your Evidence of Coverage (EOC).
- Any unused benefit dollars at the end of the quarter will expire and can not be carried over.
- Minimum order amounts may apply. Please refer to your Evidence of Coverage (EOC).
- Creating an account and ordering online is a convenient way to track orders, view previous orders, view our entire portfolio of products and monitor your benefit balance.
- After your order is processed you should receive your order in 1–4 days.
- Due to the personal nature of these products, returns are not accepted, however, if you receive a damaged item, please call Medline OTC Benefit Services within 30 days.
- Product availability and pricing may vary throughout the year. For the most up to date product catalog please refer to your online ordering portal.
- Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply.
- It is important to note that the OTC products are intended for member’s health and medical use only. The health information provided in this OTC catalog is general in nature and is not medical advice or a substitute for professional healthcare.
- Cash, Check, credit cards, or money orders are not accepted.



**KAISER  
PERMANENTE®**

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## First Aid

### Antibiotics & Antiseptics

	<b>CURAD Triple Antibiotic Ointment 1 oz.</b> Helps promote healing in minor cuts, scrapes, burns.	1 Ct <b>1083</b> \$6.00
	<b>CURAD Triple Antibiotic Ointment Pain Relief 1 oz.</b> Helps promote healing and reduce pain. Maximum strength.	1 Ct <b>1925</b> \$8.00
	<b>Medi-First Antiseptic Spray 2 oz.</b> Helps prevent infection. 0.13% benzalkonium chloride.	1 Ct <b>1046</b> \$8.00
	<b>Hydrogen Peroxide 3% 16 oz.</b> First aid cleanser.	1 Ct <b>6012</b> \$5.00
	<b>Medline 70% Isopropyl Alcohol 16 oz.</b> Topical first aid essential.	1 Ct <b>1073</b> \$3.00
	<b>Medline Isopropyl Alcohol Prep Pad</b> Large 1.75" x 3" pad. Try one before you buy more.	1 Ct <b>2186</b> \$1.00
	<b>Medline Isopropyl Alcohol Prep Pads</b> Medium pad saturated with 70% isopropyl alcohol. 1.125" x 2.375".	200 Ct <b>1044</b> \$5.00

### Bandages

	<b>CURAD Flex-Fabric Adhesive Bandages Fingertip</b> Seals out dirt. Conforms to contours and moves with you.	100 Ct <b>1642</b> \$6.00
	<b>BAND-AID Flexible Fabric Adhesive Bandages</b> Comfortable protection stretches as you move. 1" x 3".	100 Ct <b>3713</b> \$15.00
	<b>CURAD Plastic Adhesive Bandages</b> Breathable protection with nonstick pad. 2" x 4".	50 Ct <b>1641</b> \$6.00
	<b>CURAD Plastic Waterproof Bandages</b> Tight 4-sided seal keeps out germs. 1" x 3".	100 Ct <b>1043</b> \$5.00

**CURAD Plastic Adhesive Bandages**

3/4" x 3" bandage with 4-sided seal.

200 Ct

6018

\$10.00

**CURAD Quick Strip Fabric Adhesive Bandages**

Flexible first aid essential in fast, easy-on packaging. 0.75" x 3".

100 Ct

6117

\$5.00

**CURAD Adhesive Bandage Variety Pack**

First aid essential in assorted sizes.

1 Ct

1891

\$15.00

**CURAD Silicone Flex Fabric Bandages**

Holds tight yet gentle enough for sensitive or delicate skin. 0.75" x 3".

20 Ct

1060

\$5.00

**CURAD Premium Self-Stick Cohesive Wrap**

Strong compression with foam-like texture. Nonsterile. 2" x 5 yd. roll.

1 Ct

6015

\$4.00

**CURAD QuickStop! Flex-Fabric Bandages**

Helps stop minor bleeding fast. Small and medium sizes.

30 Ct

1638

\$5.00

**CURAD QuickStop! Flex-Fabric Bandages**

Helps stop minor bleeding fast. 0.75" x 2.83".

30 Ct

1063

\$5.00

**CURAD FlexSEAL Spray Bandage 1.35 oz.**

Water-resistant transparent film seals out germs.

1 Ct

1057

\$10.00

**Dressings & Gauze****CURAD Sterile Medium Nonstick Pads**

Absorbent pad protects minor cuts, scrapes. 3" x 4".

20 Ct

1637

\$5.00

**First Aid Kits****CURAD 175-Piece Complete First Aid Kit**

Bandages, alcohol swabs, gloves, tweezers, finger splint and more.

1 Ct

1056

\$15.00

**Tapes****CURAD Waterproof Adhesive Medical Tape**

Tough cotton cloth plus strong adhesive to hold tight. 1/2" x 10 yd. roll.

1 Ct

6016

\$10.00



## Home Diagnostics

### Batteries



#### MD Hearing Hearing Aid Batteries Size 312

Brown tab. 1.45V zinc air. Mercury-free.

8 Ct

6149

\$7.50



#### Rayovac Hearing Aid Batteries

Size 675.

8 Ct

6152

\$7.50



#### MD Hearing Hearing Aid Batteries Size 10

Yellow tab. 1.45V zinc air. Mercury-free.

8 Ct

6151

\$7.50



#### MD Hearing Hearing Aid Batteries Size 13

Orange tab. 1.45V zinc air. Mercury-free.

8 Ct

6150

\$7.50

### Blood Pressure & Accessories



#### Medline Digital Blood Pressure Monitor

Large, backlit digital readout. Stores 90 readings for 2 users. Universal cuff.

1 Ct

1099

\$40.00



#### Medline Bluetooth Digital Blood Pressure Monitor

Easily connects to the Medline Health app. Charger included.

1 Ct

3986

\$65.00



#### Medline Talking Blood Pressure Monitor

Easy 1-button design. Auto pulse, memory plus large digital readout.

1 Ct

2184

\$20.00



#### Medline Deluxe Digital Wrist Blood Pressure Monitor

Quick readings of systolic/diastolic pressure & pulse rate. Fits 5.3"-8.5".

1 Ct

3704

\$20.00

### Glucose Monitoring & Accessories



#### EVENCARE G2 Blood Glucose System + Starter Kit

26-piece complete kit with meter, lancing device, test strips, case.

1 Ct

6023

\$40.00



#### Medline Safety Lancet with Push-Button

Quick, gentle puncture plus lock out for safety. 28G x 1.6mm.

200 Ct

6019

\$20.00

## Measuring Devices



### SlimTALK Talking Digital Floor Scale

Low-profile for easy on/off. 12.3" L x 14.3" W x 1.4" H. 400 lb. capacity.

1 Ct  
**1648**  
\$50.00



### Medline Mechanical Bathroom Floor Scale

Sturdy with textured surface for sure footing. 300 lb. capacity.

1 Ct  
**1649**  
\$30.00



### Conair Digital Food Scale

Sleek, glass top design with large LCD. 11 lb. capacity.

1 Ct  
**1087**  
\$25.00



### Medline Soft-Touch Fingertip Pulse Oximeter

Measures SpO2 and pulse rate. Large digital display.

1 Ct  
**3698**  
\$30.00



### SmartHeart Economy Digital Pulse Oximeter

Large readout shows blood-oxygen saturation (SpO2), pulse rate and pulse bar.

1 Ct  
**6022**  
\$40.00



### Medline Single-Head Stethoscope

Lightweight aluminum chest piece and binaurals. Black.

1 Ct  
**3981**  
\$5.00

## Test Kits



### HealthyMe UTI Test Strips

Easy at-home test with results in just 2 minutes.

3 Ct  
**3721**  
\$10.00

## Thermometers & Accessories



### Medline Infrared Talking Ear/Forehead Thermometer

Reading in just 1 second. Speaks results in one of 6 languages.

1 Ct  
**1100**  
\$25.00



### Medline Infrared No-Touch Forehead Thermometer

Takes body and surface temps from 1-inch away.

1 Ct  
**1094**  
\$35.00



### Medline Flex-Tip Digital Thermometer

30-second read time. Oral, rectal or axillary use.

1 Ct  
**3465**  
\$10.00



### Medline Large Display Oral Digital Thermometer

Results in 20 seconds. Large LCD screen with back light.

1 Ct  
**1088**  
\$10.00

## Home Health Care

### Bedside Care



#### Medline Stack-A-Pan Bedpan 55 oz.

Fits over standard toilet seat. Graphite gray. 14"L x 11"W x 2.75"H.

1 Ct  
**3562**  
**\$2.00**

### Cushions & Positioners



#### Medline Contoured Lumbar Cushion

Premium foam. Ideal for wheelchairs, car, home, office. Firm support. 14" x 13".

1 Ct  
**6006**  
**\$35.00**

### Linens & Bedding



#### Medline Hypoallergenic Pillow

Washable with 100% cotton cover. 20" x 26".

1 Ct  
**3945**  
**\$25.00**

### Medical Bracelets



#### Medline Stainless Medical Alert Bracelet Diabetic

Unisex 7.5" link-style bracelet with clasp closure.

1 Ct  
**1093**  
**\$15.00**

### Medical Containers



#### Medline Sharps Biohazard Needle Container

Portable with dual open lids. 19" x 21" x 15". 1 quart.

1 Ct  
**1096**  
**\$5.00**

### Paper Products



#### Medline Standard Toilet Paper Roll

Soft, 2-ply 4.5" x 3.8" sheets.

1 Ct  
**3462**  
**\$2.50**

## Incontinence

### Bladder Pads



#### Medline FitRight ActivEdge Guards for Men

Extra protection where a man needs it. Max absorbency. 5.9" x 12.6".

52 Ct  
**1411**  
**\$15.00**



#### Medline FitRight Bladder Pads

Fits inside your own underwear to absorb light bladder leaks. 2.75" x 9.75".

20 Ct  
**1104**  
**\$10.00**



#### Medline ContourPlus Bladder Pads

Breathable & contoured with leg gathers. Moderate absorbency. 5.5" x 10.5".

28 Ct  
**1817**  
**\$10.00**

**Medline ContourPlus Bladder Pads**

Breathable & contoured with leg gathers. Maximum absorbency. 6.5" x 13.5".

28 Ct  
**1816**  
**\$10.00**

**Medline ContourPlus Bladder Pads**

Breathable & contoured with leg gathers. Ultimate absorbency. 8" x 17".

28 Ct  
**1105**  
**\$15.00**

**Medline FitRight ActivEdge Bladder Pads**

Contoured shape with fabric-like backsheet. Light absorbency. 3.5" x 9".

20 Ct  
**1412**  
**\$5.00**

**Medline FitRight ActivEdge Bladder Pads**

Contoured shape with fabric-like backsheet. Moderate absorbency. 4.3" x 11".

16 Ct  
**1413**  
**\$5.00**

**Medline FitRight ActivEdge Bladder Pads**

Contoured shape with fabric-like backsheet. Maximum absorbency. 4.3" x 11".

10 Ct  
**1414**  
**\$5.00**

**Medline FitRight ActivEdge Bladder Pads**

Contoured shape with fabric-like backsheet. Ultimate absorbency. 5.5" x 15.75".

10 Ct  
**1415**  
**\$5.00**

**Briefs****Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Ultra absorbency. S (20"-33" waist).

20 Ct  
**1425**  
**\$20.00**

**Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Ultra absorbency. M (32"-42" waist).

20 Ct  
**1113**  
**\$20.00**

**Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Ultra absorbency. L (48"-58" waist).

20 Ct  
**1112**  
**\$20.00**

**Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Ultra absorbency. XL (57"-66" waist).

20 Ct  
**1114**  
**\$20.00**

**Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Ultra absorbency. 2XL (60"-69" waist).

20 Ct  
**1423**  
**\$20.00**

**Medline FitRight OptiFit Stretch Ultra Briefs**

Cloth-like diaper with stretch panels. Ultra absorbency. Size 1 (30"-52" waist).

20 Ct  
**1408**  
**\$20.00**

**Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Extra absorbency. M (32"-44" waist).

20 Ct  
**1789**  
**\$20.00**

**Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Extra absorbency. L (44"-56" waist).

20 Ct  
**1788**  
**\$20.00**

**Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Extra absorbency. XL (56"-64" waist).

20 Ct  
**1792**  
**\$20.00**

**Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Extra absorbency. 2XL (60"-70" waist).

20 Ct  
**1793**  
**\$20.00**

**Protective Underwear****Medline FitRight Super Disposable Underwear**

Body-contoured pull-on with leak guards. Super absorbency. M (28"-40" waist).

20 Ct  
**1606**  
**\$20.00**

**Medline FitRight Super Disposable Underwear**

Body-contoured pull-on with leak guards. Super absorbency. L (40"-56" waist).

20 Ct  
**1607**  
**\$20.00**

**Medline FitRight Super Disposable Underwear**

Body-contoured pull-on with leak guards. Super absorbency. XL (56"-68" waist).

20 Ct  
**1608**  
**\$20.00**

**Medline FitRight Ultra Disposable Underwear**

Pull-on fits & feels like real underwear. Ultra absorbency. M (28"-40" waist).

20 Ct  
**1852**  
**\$15.00**

**Medline FitRight Ultra Disposable Underwear**

Pull-on fits & feels like real underwear. Ultra absorbency. L (40"-56" waist).

20 Ct  
**1850**  
**\$15.00**

**Medline FitRight Ultra Disposable Underwear**

Pull-on fits & feels like real underwear. Ultra absorbency. XL (56"-68" waist).

20 Ct  
**1854**  
**\$15.00**

**Medline FitRight ActivEdge Underwear for Men**

Extra protection where a man needs it. Max absorbency. S/M (28"-40" waist).

20 Ct  
**1416**  
**\$20.00**

**Medline FitRight ActivEdge Underwear for Men**

Extra protection where a man needs it. Max absorbency. L/XL (40"-56" waist).

20 Ct  
**1417**  
**\$20.00**



**Medline FitRight ActivEdge Underwear for Women**  
Odor & leak protection. Max absorbency. S/M (28"-40"  
waist).

20 Ct  
**1418**  
**\$20.00**



**Medline FitRight ActivEdge Underwear for Women**  
Odor & leak protection. Max absorbency. L/XL (40"-56"  
waist).

20 Ct  
**1419**  
**\$20.00**

## Underpads



**Medline Pro Plus Standard Fluff Underpads**  
Protect chairs, beds, more. Standard weight with tissue/fluff  
core. 23" x 36".

10 Ct  
**1616**  
**\$5.00**



**Medline Pro Plus Best Polymer Underpads**  
Disposable, all-purpose pad with absorbent SAP polymer  
core. 23" x 36".

10 Ct  
**1119**  
**\$5.00**



**Medline Premium Disposable Polymer Underpads**  
Premium protection for wheelchairs, beds, more. 30" x 30".

10 Ct  
**1427**  
**\$10.00**



**Medline FitRight Ultra Underpads**  
Fluff/polymer core for absorbency and odor control. Heavy  
absorbency. 30" x 36".

10 Ct  
**1619**  
**\$10.00**



**Ultrisorbs Premium Underpads**  
Hospital-quality with superabsorbent core. Air permeable.  
30" x 36".

5 Ct  
**1407**  
**\$10.00**



**Medline Sofnit 300 Reusable Twill Underpad**  
Absorbent 55% cotton/45% poly with vinyl back. Machine  
wash. Pink. 34" x 36".

1 Ct  
**1614**  
**\$10.00**

## Medications Over The Counter

### Allergy & Sinus



**Medline Cetirizine Allergy Relief Tablets 10 mg**  
24-hour relief. Compare to the active ingredient in Zyrtec.

90 Ct  
**1012**  
**\$10.00**



**Benadryl Allergy Ultratab Tablets 25 mg**  
Helps relieve hay fever, allergy symptoms. Small, easier-to-  
swallow tablets.

48 Ct  
**6160**  
**\$15.00**



**Allegra 24-Hour Allergy Tablets 180 mg**  
Indoor/outdoor allergy relief.

30 Ct  
**6031**  
**\$30.00**

**Loratadine 24-Hr Non-Drowsy Allergy Tablets 10 mg**

Helps relieve sneezing, itchy eyes. Compare to the active ingredient in Claritin.

30 Ct  
**1013**  
\$5.00

**Fluticasone Propionate Nasal Spray 50 mcg**

24-hour, non-drowsy allergy symptom relief. Full prescription strength.

1 Ct  
**1024**  
\$20.00

**Dr. Sheffield's 12Hr Nasal Decongestant Spray 1oz.**

0.05% oxymetazoline. Compare to the active ingredient in Afrin.

1 Ct  
**1030**  
\$5.00

**CURAD Breathe Clear Nasal Strips**

Helps open your nose and relieve nasal stuffiness. Size M/L.

30 Ct  
**5008**  
\$5.00

**Reliable-1 Saline Nasal Spray 3 oz.**

Compare to the active ingredient in Ocean.

1 Ct  
**1033**  
\$5.00

**Anti-Fungal & Anti-Itch****Dr. Sheffield Antifungal Cream 1.25 oz.**

Compare to the active ingredient in Tinactin.

1 Ct  
**1143**  
\$5.00

**Medline Remedy Miconazole Antifungal Powder 3 oz.**

Helps relieve itching and burning. Light vanilla scent.

1 Ct  
**1245**  
\$10.00

**Major Calamine Lotion 6 oz.**

Helps relieve irritation from poison ivy, oak and sumac.

1 Ct  
**1645**  
\$5.00

**Dr. Sheffield Anti-Itch Cream 1.2 oz.**

2% diphenhydramine. Compare to the active ingredients in Benadryl Extra Strength.

1 Ct  
**1045**  
\$5.00

**CURAD Hydrocortisone Anti-Itch Cream 1 oz.**

Helps reduce eczema, psoriasis and other skin condition symptoms.

1 Ct  
**1059**  
\$5.00

**Sheffield Athlete's Foot Cream 0.5 oz.**

Compare to the active ingredient in Lotrimin AF.

1 Ct  
**1120**  
\$5.00

**Dynarex 1% Hydrocortisone Itch Relief Cream 1 oz.**

Temporary relief of minor skin irritations, eczema, insect bites.

1 Ct  
**3710**  
\$5.00

## Cough, Cold & Flu



### Medicated Chest Rub 3.53 oz.

Compare to the active ingredients in Vicks VapoRub.

1 Ct

1026

\$5.00



### GoodSense Nighttime Cough Cold Flu Medicine 12 oz.

Compare to the active ingredients in Vicks NyQuil Cold & Flu. Cherry flavor.

1 Ct

1870

\$10.00



### Coricidin HBP Cold and Flu Relief Tablets

Decongestant-free. Acetaminophen and chlorpheniramine maleate antihistamine.

20 Ct

3869

\$14.00



### GoodSense Cough Drops

7.5 mg menthol. Compare to the active ingredient in Halls. Honey lemon flavor.

30 Ct

1600

\$5.00



### GoodSense Sore Throat Lozenges

Compare to the active ingredients in Cepacol. Cherry flavor.

18 Ct

1034

\$5.00



### Halls Cough Drops

Cherry flavor.

30 Ct

6155

\$5.00



### Robafen CF Multi-Symptom Cough Cold Medicine 4 oz.

Guaifenesin, dextromethorphan and phenylephrine for multi-symptom relief.

1 Ct

5030

\$4.00



### Geri-Tussin DM Cough Suppressant Expectorant 16oz.

Compare to the active ingredients in Robitussin DM.

1 Ct

3708

\$10.00



### GeriCare Geri-Tussin Guaifenesin Syrup 200mg 16oz.

Alcohol-free. Sugar-free. Compare to the active ingredient in Robitussin.

1 Ct

3700

\$10.00



### Major Sugar-Free Sore Throat Spray 6 oz.

Cherry flavor. Compare to the active ingredient in Cloraseptic.

1 Ct

1602

\$5.00

## Medicated Treatments



### Clearasil Ultra Deep Pore Cleansing Pads

Visibly reduces pimple size in as little as 4 hours. 2% salicylic acid.

90 Ct

3972

\$15.00



## Medication Aids



### Medline Combo Medication Pill Crusher and Splitter

Compact size is great for travel. Plastic and stainless steel.

1 Ct

1984

\$10.00



### Medline 7-Day Pill Reminder Organizer

4 compartments for each day of the week. 7.5" x 4.25" x 11".

1 Ct

1091

\$5.00



### Medline 7-Day Pill Organizer

Clear plastic compartments with bold, large lettering. 6"L x 0.8"H x 1"W.

1 Ct

1695

\$5.00



### Medline EZ Push Button 7-Day Pill Organizer

Multicolor compartments. Lid opens with push of a button. 8.8"L x 1.1"H x 2.2"W.

1 Ct

1697

\$5.00



### Medline 7-Day Pill Organizer

Separate, color-coded compartments for AM/PM doses. 8.75"L x 4.5"W x 0.8"H.

1 Ct

1698

\$10.00

## Pain & Fever Relief



### Akron Acetaminophen Tablets 325 mg

Compare to the active ingredient in Regular Strength Tylenol Tablets.

100 Ct

1204

\$5.00



### GeriCare Ex Strength Acetaminophen Tablets 500 mg

Compare to the active ingredient in Extra-Strength Tylenol Tablets.

100 Ct

3399

\$5.00



### Tylenol Extra Strength Caplets 500 mg

Trusted pain reliever and fever reducer.

100 Ct

3874

\$20.00



### Acetaminophen PM Extra Strength Caplets 500 mg

Compare to the active ingredients in Tylenol PM Caplets.

50 Ct

1206

\$5.00



### Night Time XStrength Pain Reliever Sleep Aid Caplets

Compare to the active ingredients in Tylenol PM.

100 Ct

2301

\$10.00



### Aleve PM Pain Reliever/Sleep Aid Caplets 220 mg

Strength to last up to 12 hours.

80 Ct

3844

\$25.00

**GeriCare Acetaminophen Rapid Release Gel Caps 500mg**

Compare to the active ingredient in Tylenol Extra Strength Rapid Release Gels.

100 Ct  
**6026**  
\$10.00**Tylenol 8 Hr Arthritis Pain Tablets 650 mg**

Extended-release formula for relief of minor arthritis and joint pain.

225 Ct  
**3876**  
\$35.00**Medline Low-Dose Chewable Aspirin Tablets 81 mg**

Compare to the active ingredient in Bayer Low Dose. Orange flavor.

36 Ct  
**1715**  
\$3.00**Medline Low-Dose Enteric Aspirin Tablets 81 mg**

Coated for easier swallowing. Compare to the active ingredient in Bayer Low Dose.

120 Ct  
**1190**  
\$5.00**Low-Dose Enteric-Coated Aspirin Tablets 81 mg**

Compare to the active ingredient in Bayer Low Dose Aspirin.

300 Ct  
**1191**  
\$10.00**Medline Naproxen Sodium Tablets 220 mg**

Relief for up to 12 hours. Compare to the active ingredient in Aleve.

100 Ct  
**1205**  
\$10.00**Medline Extra Strength Pain Relief Tablets**

250 mg acetaminophen, 250 mg aspirin plus 65 mg caffeine.

100 Ct  
**1207**  
\$10.00**GoodSense Hemorrhoid Ointment 2 oz.**

Compare to the active ingredients in Preparation H Hemorrhoidal Ointment.

1 Ct  
**1195**  
\$5.00**Hemorrhoid Hygiene Pads with Witch Hazel**

Cooling &amp; soothing relief from burning and itching.

100 Ct  
**1707**  
\$10.00**Medline Ibuprofen Tablets 200 mg**

NSAID pain reliever and fever reducer. Coated for easier swallowing.

100 Ct  
**4201**  
\$5.00**Advil Ibuprofen Tablets 200 mg**

NSAID pain reliever, fever reducer. Coated.

100 Ct  
**6171**  
\$20.00**Dr. Sheffield's Oral Toothache Relief Gel .33 oz.**

Max strength 20% benzocaine. Compare to the active ingredient in Orajel.

1 Ct  
**1160**  
\$5.00

**Capsaicin Analgesic Pain Relief Cream 2.1 oz.**

Penetrates skin to provide targeted arthritis, muscle, joint pain relief.

1 Ct  
**1192**  
**\$10.00**

**Ultra Strength Muscle Rub Cream 3 oz.**

Compare to the active ingredient in Bengay.

1 Ct  
**1209**  
**\$6.00**

**Aspercreme Lidocaine Pain Relief Cream 2.7 oz.**

Numbs away pain. Non-greasy formula rubs in easily.

1 Ct  
**1187**  
**\$15.00**

**CareAll Muscle Joint Vanishing Scent Gel 3 oz.**

Compare to the active ingredients in Vanishing Scent Bengay.

1 Ct  
**1708**  
**\$5.00**

**Ice Blue 2% Menthol Pain Relieving Gel 16 oz.**

Compare to the active ingredients in Mineral Ice.

1 Ct  
**1711**  
**\$10.00**

**MyDerm Aloe Gel Lidocaine Pain Reliever 8 oz.**

Cooling sunburn, insect bite and minor burn relief.

1 Ct  
**1251**  
**\$5.00**

**Dr. Reddy's Arthritis Pain Relief Gel 3.53 oz.**

Compare to the active ingredient in Voltran Arthritis Pain Gel.

1 Ct  
**6172**  
**\$20.00**

**MyDerm Bite Relief Benzocaine Ointment 1.75 oz.**

Non-greasy formula enhanced with soothing aloe and chamomile.

1 Ct  
**1646**  
**\$10.00**

**Medi-First Insect Sting Relief Pads**

Premoistened wipes with 50% ethyl alcohol, 2% lidocaine.

10 Ct  
**1644**  
**\$10.00**

**Beyond BodiHeat 12-Hour Pain Relief Heat Pads**

Soothes and comforts sore muscles. Use over clothing only. 3.75" x 5.125".

4 Ct  
**1712**  
**\$5.00**

**Cooling Migraine Headache Pads**

Single-use pads provide fast relief for hours. Non-medicated. 1.96" x 4.7".

3 Ct  
**1714**  
**\$5.00**

**GoodSense Extra Strength Medicated Cold/Hot Patch**

Compare to the active ingredient in Icy Hot. 3.14" x 4.72".

5 Ct  
**1643**  
**\$5.00**

**Salonpas 4% Lidocaine Gel Pain Relieving Patch**

Maximum strength relief for up to 8 hours. Unscented. 4" x 5.5".

6 Ct  
**2262**  
**\$15.00**

**TheraCare 4% Lidocaine Pain Relief Patch**

Maximum strength relief for up to 12 hours. Unscented. 4" x 5.5".

5 Ct  
**1710**  
**\$10.00**

**Stomach Remedies****Omeprazole Delayed-Release Antacid Capsules 20 mg**

3 14-day courses of treatment. Compare to the active ingredient in Prilosec OTC.

42 Ct  
**2059**  
**\$20.00**

**Medline Loperamide Anti-Diarrheal Caplets 2 mg**

Compare to the active ingredients in Imodium A-D.

12 Ct  
**1733**  
**\$5.00**

**Ultra Calcium Carbonate Antacid Soft Chews 1177 mg**

Fast-acting relief of heartburn, sour stomach, acid indigestion. Cherry flavor.

36 Ct  
**1222**  
**\$10.00**

**Reg Strength Alkum Antacid Chewable Tablets 500 mg**

Compare to the active ingredients in Tums. Assorted fruit flavors.

150 Ct  
**1218**  
**\$5.00**

**TUMS Smoothies ExStrength Antacid Chewable Tablets**

Fast-acting heartburn, acid indigestion relief. Assorted fruit flavors.

12 Ct  
**3389**  
**\$10.00**

**Pink-Bismuth Chewable Tablets**

Compare to the active ingredient in Pepto-Bismol.

30 Ct  
**3691**  
**\$5.00**

**Geri-Lanta Antacid & Antigas Liquid 12 oz.**

Compare to the active ingredients in Regular Strength Mylanta.

1 Ct  
**1217**  
**\$15.00**

**GeriCare Chewable Gas Relief Tablets 80 mg**

Compare active ingredient in Gas-X Regular Strength Tablets. Mint flavor.

100 Ct  
**1731**  
**\$10.00**

**Ultra Strength Simethicone Gas Softgels 180 mg**

Compare to the active ingredients in Phazyme Ultra Strength.

60 Ct  
**1730**  
**\$10.00**

**Meclizine Anti-Nausea Motion Sickness Tablets 25mg**

Compare to the active ingredient in Dramamine All Day Less Drowsy.

8 Ct  
**2070**  
**\$5.00**

**Major Lactase Dairy Digestive Aid Caplet 3,000 FCC**

Compare to the active ingredient in Lactaid Fast Act.

60 Ct  
1732  
\$10.00**Bisacodyl Laxative Tablets 5 mg**

Enteric coated.

100 Ct  
4144  
\$10.00**Docusate Sodium Stool Softener Softgels 100 mg**

Compare to the active ingredients in Colace regular strength stool softener.

100 Ct  
1240  
\$5.00**GoodSense ClearLax Powder Laxative 4.1 oz.**

Grit-free, unflavored powder. Compare to the active ingredient in MiraLAX.

1 Ct  
1727  
\$10.00**GoodSense ClearLax Powder Laxative 17.9 oz.**

Grit-free, unflavored powder. Compare to the active ingredient in MiraLAX.

1 Ct  
2060  
\$15.00**Medline Senna Natural Laxative Tablets 8.6 mg**

Compare to the active ingredients in Senokot.

100 Ct  
1234  
\$5.00**GeriCare Milk of Magnesia 12 oz.**

Compare to the active ingredient in Philips' Milk of Magnesia.

1 Ct  
1231  
\$5.00**Medline Pure & Gentle Saline Enema Laxative 4.5oz.**

Ready-to-use, soft squeeze bottle with lubricated comfort tip. Single use.

1 Ct  
1237  
\$5.00**Stop Smoking****Nicotine Patch 21 mg**

Stop smoking aid.

14 Ct  
6127  
\$35.00**Mobility & Accessibility****Bath Safety Equipment****Medline Rubber Bath Mat**

Durable, heavyweight rubber with suction cups for grip. White. 13.4" x 29".

1 Ct  
1005  
\$15.00**Medline Shower Chair with Arms and Back**

Helps provide extra stability while bathing. 13.5"D seat. 350 lb. weight cap.

1 Ct  
6047  
\$50.00

**Medline Bath Bench with Arms**

Durable, lightweight aluminum frame. 16"-21" height adjust. 350 lb. capacity.

1 Ct

**6045****\$40.00****Medline 24-Inch Knurled Chrome Grab Bar**

Mounts directly to wall with included hardware. 300 lb. capacity.

1 Ct

**5001****\$25.00****Medline Nonslip Tub and Stair Safety Treads**

Textured, waterproof safety treads with adhesive. 0.75" x 18". White.

8 Ct

**1008****\$5.00****Medline Guardian Toilet Safety Rails**

Mounts securely on bowl with included 18"-24" bracket. 300 lb. weight cap.

1 Ct

**1634****\$50.00****Medline Locking Raised Toilet Seat with Arms**

Wide, contoured surface raises seat level 5 inches. 350 lb. capacity.

1 Ct

**6043****\$45.00****Canes & Accessories****Medline Offset Handle Aluminum Cane**

Push-button height adjustable. 300 lb. weight capacity. Black.

1 Ct

**6042****\$10.00****Medline Folding T-Handle Aluminum Cane**

Compact, travel-friendly design fits into purse, luggage. 250 lb. cap. Black.

1 Ct

**5013****\$15.00****Nutrition****Nutritional Shake Chocolate 8 oz.**

220 calories. Gluten-free. Compare to Ensure original.

24 Ct

**5028****\$45.00****Nutritional Shake Vanilla 8 oz.**

220 calories. Gluten-free. Compare to Ensure original.

24 Ct

**5029****\$45.00****Personal Care****Compression Garments****CURAD Arthritis Relief Compression Gloves**

For arthritis, carpal tunnel, tendonitis. Breathable cotton/spandex. Gray. S.

2 Ct

**1993****\$15.00****CURAD Arthritis Relief Compression Gloves**

For arthritis, carpal tunnel, tendonitis. Breathable cotton/spandex. Gray. M.

2 Ct

**1702****\$15.00**

**CURAD Arthritis Relief Compression Gloves**

For arthritis, carpal tunnel, tendonitis. Breathable cotton/spandex. Gray. L.

2 Ct  
**1701**  
\$15.00

**Dr. Scholl's Diabetic & Circulatory Crew Socks**

Cushioning plus TempRite technology for comfort. Black. Men's M/L.

8 Ct  
**3917**  
\$20.00

**Dr. Scholl's Diabetic & Circulatory Crew Socks**

Cushioning plus TempRite technology for comfort. Black. Women's M/L.

8 Ct  
**3918**  
\$20.00

**CURAD Knee High Compression Dress Socks**

Business style with light compression. 8-15 mmHg. Black. Medium.

2 Ct  
**1435**  
\$25.00

**CURAD Knee High Compression Dress Socks**

Business style with light compression. 8-15 mmHg. Black. Large.

2 Ct  
**1436**  
\$25.00

**CURAD Knee High Compression Hosiery**

Light compression for tired legs. 8-15 mmHg. Black. Medium Regular.

2 Ct  
**1128**  
\$25.00

**CURAD Knee High Compression Hosiery**

Light compression for tired legs. 8-15 mmHg. Black. Large Regular.

2 Ct  
**1126**  
\$25.00

**CURAD Knee High Compression Hosiery**

Light compression for tired legs. 8-15 mmHg. Black. XL Regular.

2 Ct  
**1438**  
\$25.00

**Cotton Balls & Swabs****Medline Nonsterile Cotton Balls**

Highly absorbent, 100% bleached cotton 1-inch balls.

200 Ct  
**1051**  
\$5.00

**Simply Soft 100% Cotton Swabs**

Premium swabs for beauty care and first aid.

300 Ct  
**1647**  
\$5.00

**Ear Care****Major Ear Wax Drops**

Non-irritating formula. Compare to the active ingredient in Debrox.

1 Ct  
**6075**  
\$5.00

## Eye Care



### Artificial Tears Lubricant Eye Drops 1/2 oz.

Compare to the active ingredients in Visine Tears Eye Drops.

1 Ct

**1630**

**\$5.00**



### Refresh Tears Lubricant Eye Drops 15 mL

Immediate, soothing relief for dry eyes.

1 Ct

**3963**

**\$20.00**



### Refresh Plus Lubricant Eye Drops Single Containers

Immediate, soothing relief for dry eyes, LASIK dryness.

30 Ct

**1631**

**\$20.00**



### GoodSense Irritation Relief Eye Drops 15 mL

Compare to the active ingredients in Visine A.C.

1 Ct

**1036**

**\$5.00**



### Redness Reliever Eye Drops 15 mL

Compare to the active ingredients in Visine Original Redness Remover Eye Drops.

1 Ct

**1040**

**\$5.00**



### Bausch + Lomb Alaway Allergy Eye Drops 0.34 oz.

Acts in minutes to provide up to 12 hours of relief.

1 Ct

**2241**

**\$20.00**



### Multipurpose No Rub Contact Lens Solution 12 oz.

For soft contact lenses.

1 Ct

**2230**

**\$10.00**

## Feminine Care



### Panty Liner

Light protection. 7" long.

40 Ct

**6157**

**\$10.00**



### Kotex Daily Panty Liners Regular

Light protection with Xpress Dri. Unscented.

64 Ct

**5010**

**\$10.00**



### Miconazole Nitrate 2% 7-Day Vaginal Cream

Compare to the active ingredients in Monistat 7.

1 Ct

**1202**

**\$10.00**

## Foot Care



### Medline Gel Hallux Bunion Guard

Washable, reusable and hypoallergenic.

1 Ct

**1440**

**\$10.00**





### GoodSense Corn Cushions

Compare to Dr. Scholl's.

9 Ct

1433

\$5.00



### Scott Foot Care Medicated Corn Removers

Medicated disks safely remove corns and soft pads provide pressure relief.

9 Ct

3685

\$5.00



### Gold Bond Medicated Foot Powder 4 oz.

Triple action relief. 1% menthol.

1 Ct

1138

\$10.00



### Silipos Therastep Gel Toe Protector

Coated on one side with soothing, medical-grade mineral oil.

1 Ct

1974

\$10.00



### Medline Gel Hammer Toe Crest

Toe loop holds cushion in place. Reusable.

1 Ct

1441

\$9.00



### Medline Gel Toe Straighteners

Helps align big toe.

4 Ct

1442

\$10.00



### CURAD Mediplast Wart Remover Pad

Helps remove warts, corns, calluses. 40% salicylic acid. 2" x 3".

1 Ct

1132

\$2.00

## Grooming



### Medline Plastic Adult Hairbrush

Vented style for smoothing, detangling and styling. 7.25" long.

1 Ct

2163

\$2.00

## Hand Sanitizers & Wipes



### Medline Spectrum Advanced Hand Sanitizer Gel 4 oz.

Moisturizing formula with 70% ethyl alcohol.

1 Ct

3305

\$5.00



### Medline Spectrum Advanced Hand Sanitizer Gel 8 oz.

70% ethyl alcohol with aloe and vitamin E.

1 Ct

4170

\$10.00



### Medline Spectrum Advanced Hand Sanitizer Wipes

Unscented wipes with 70% ethyl alcohol, aloe and vitamin E. 6" x 6.75".

160 Ct

1071

\$10.00

## Oral Care



### Medtech Oral BrushPicks

Safely and gently removes plaque and food stuck in teeth.

275 Ct

1152

\$6.00



### GUM Proxabrush Go-Betweens Teeth Cleaners

Triangle-shape bristles help remove more plaque.

10 Ct

1487

\$6.00



### Gum Soft-Picks Original Dental Picks

Gently helps remove food and plaque between teeth.

50 Ct

3784

\$5.00



### FreshMint Denture Adhesive 2 oz.

Compare to Fixodent Original.

1 Ct

1485

\$5.00



### GoodSense Denture Brush

Easy-grip contoured handle.

1 Ct

3976

\$5.00



### Effervescent Denture Cleanser Tablets

Compare to the active ingredient in Efferdent.

90 Ct

1155

\$8.00



### Conair InterPlak Rechargeable Cordless Toothbrush

Recharges on its own compact storage base.

1 Ct

5003

\$25.00



### Colgate Sonic Battery Powered Toothbrush

4-way clean. One AA battery included.

1 Ct

6192

\$10.00



### GoodSense Mint Flossers

Slides easily between teeth for one-handed flossing.

90 Ct

1157

\$5.00



### Freshmint Waxed Dental Floss 100 yd.

Waxed to slip more easily through teeth. Mint flavor.

1 Ct

1154

\$3.00



### Waxed Dental Floss 100 yd.

Pack of 2. Mint flavor.

2 Ct

1873

\$5.00



### Medline Adult Toothbrush

Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.

1 Ct

1883

\$2.50

**Medline Super Soft Adult Toothbrush**

Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.

1 Ct

**1163****\$2.00****Adult Toothbrush with Soft Bristles**

Ergonomic handle with cheek and tongue cleaner. Pack of 2.

2 Ct

**1882****\$5.00****Biotene Dry Mouth Moisturizing Spray 1.5 oz.**

Refreshing gentle mint flavor.

1 Ct

**1482****\$10.00****Medline Mouth Moisturizer Oral Gel 3g Packet**

Trial-size packet.

1 Ct

**1492****\$1.00****Biotene Alcohol-Free Dry Mouth Mouthwash 16 oz.**

Soothing moisturization without burning. Relief for up to 4 hours. Fresh mint.

1 Ct

**1480****\$15.00****Disposable Tongue Scraper with Brush**

Narrow headed design.

1 Ct

**1880****\$5.00****Colgate 360 Sonic Replacement Brush Heads**

Deep reach design with soft bristles.

2 Ct

**1151****\$10.00****InterPlak Rechargeable Toothbrush Replacement Head**

Push on and click in place.

2 Ct

**5009****\$20.00****Colgate Toothpaste 0.85 oz.**

Cavity protection formula in travel-size tube. Regular flavor.

1 Ct

**3418****\$2.00****Medline Sparkle Fresh Toothpaste 2.75 oz.**

Fluoride to help protect against cavities. Travel-size. Mint flavor.

1 Ct

**4110****\$2.00****Sensodyne Rapid Relief Whitening Toothpaste 3.4oz.**

For sensitive teeth and cavity prevention.

1 Ct

**2261****\$15.00****Crest Cavity Protection Toothpaste 4.2 oz.**

Helps stop cavities and freshens breath. Travel size. Regular flavor.

1 Ct

**3321****\$10.00**

**Fresh Mint Sensitive Teeth Toothpaste 4.3 oz.**

Compare to the active ingredients in Sensodyne Fresh Mint.

1 Ct

**1494****\$5.00****Aim Cavity Protection Gel Toothpaste 5.5 oz.**

Cleans, freshens and protects. Ultra mint.

1 Ct

**1479****\$5.00****Pepsodent Complete Care Toothpaste 5.5 oz.**

Enamel strengthening and helps whiten teeth. Original flavor.

1 Ct

**1161****\$5.00****Colgate Triple Action Toothpaste 6 oz.**

3-in-1 formula for cavity protection, whiter teeth and fresh breath.

3 Ct

**3749****\$15.00****Repellents****Natrapel DEET-Free Insect Repellent 3.4 oz.**

Up to 12 hours of tick and mosquito protection. 20% picaridin.

1 Ct

**1075****\$10.00****OFF! Deep Woods Insect Repellent Spray 6 oz.**

Long-lasting protection from mosquitoes, ticks, biting flies. 25% DEET.

1 Ct

**6159****\$15.00****Ben's DEET Tick and Insect Repellent 3.4 oz.**

Water-based formula with 30% DEET for tick and mosquito protection.

1 Ct

**1048****\$10.00****Skin Care + Hair Care****MyDerm Aloe Gel 16 oz.**

Cools and soothes skin. Helps restore moisture.

1 Ct

**2045****\$10.00****GoodSense Epsom Salt 16 oz.**

Use in bath to help relax muscles. Unscented.

1 Ct

**1067****\$5.00****GoodSense Soothing Oatmeal Bath Treatment 1.5 oz.**

Compare to the active ingredients in Aveeno Soothing Bath Treatment.

8 Ct

**1720****\$10.00****Remedy Essentials Cornstarch Body Powder 14 oz.**

Non-caking formula goes on soft and rinses off easily. Lightly scented.

1 Ct

**1718****\$5.00**

**GoodSense Lip Balm**

SPF 15. Compare to the active ingredients in ChapStick.

1 Ct

**1491****\$5.00****GoodSense Medicated Lip Balm Treatment**

Palm-sized tin fits easily in your pocket. Pack of 2.

2 Ct

**1158****\$5.00****Medline Remedy Clinical Silicone Skin Cream 4 oz.**

Premium 24% silicone blend cream for hands, face, body. Vanilla scent.

1 Ct

**1517****\$5.00****Medline Remedy Clinical Skin Cream 8 oz.**

Hydrates for 24 hours with no greasy residue. Vanilla scent.

1 Ct

**1246****\$5.00****Medline Remedy Specialized Skin Cream 4 oz.**

All-over body cream with 1.5% dimethicone. Unscented.

1 Ct

**5015****\$10.00****Medline Remedy Essentials Body Lotion 8 oz.**

Rubs in easily with no greasy feel. Fresh scent.

1 Ct

**1250****\$5.00****Gentell Vitamin A&D+E Ointment 13 oz.**

Protects and soothes minor burns, skin irritations, chapping, rashes.

1 Ct

**1716****\$10.00****Medline Remedy Specialized Silicone Skin Cream 4oz.**

Moisture barrier for use on even fragile skin. 12.5% dimethicone. Unscented. 4 oz.

1 Ct

**2046****\$5.00****Remedy Enlivaderm Hydrating Serum 4 oz.**

With 20% urea for extreme rough and dry skin.

1 Ct

**2053****\$10.00****CareAll Petroleum Jelly 13 oz.**

Moisturizes rough, dry, chapped skin.

1 Ct

**1076****\$5.00****Medline Remedy Clinical No-Rinse Foam Cleanse 8oz.**

Gentle, sulfate-free formula cleans head to toe. Vanilla scent.

1 Ct

**1428****\$10.00****Sunscreens****Solar Screen SPF 30 Ultra Sunscreen Lotion 8 oz.**

Compare to the active ingredients in Coppertone Ultra Guard Sunscreen Lotion.

1 Ct

**1252****\$10.00**

**GoodSense SPF 50 Sunscreen Lotion 8 oz.**

Compare to the active ingredients in Coppertone.

1 Ct  
**1527**  
**\$10.00****Wipes & Cloths****Medline Remedy Clinical Barrier Cream Cloths**3-in-1 skin protectant wipe with 3.6% dimethicone. 8" x 12".  
Vanilla scent.48 Ct  
**2316**  
**\$10.00****Medline ReadyBath Fresh Bathing Wipes**

Rinse-free cleansing and moisturizing. Standard weight 8" x 8" cloths.

8 Ct  
**2312**  
**\$2.50****Medline UltraSoft Disposable Dry Cleansing Cloths**

Multipurpose - add water to gently cleanse. Do not flush. 12" x 14". Unscented.

90 Ct  
**1723**  
**\$5.00****Medline FitRight Aloe Quilted Personal Wipes**Thick 8" x 12" wipes cleanse, moisturize and soothe.  
Unscented.48 Ct  
**1719**  
**\$5.00****Cottonelle Flushable Wipes**

Biodegradable, flushable, alcohol-free. 14 wipes in an individual travel pack.

14 Ct  
**3777**  
**\$5.00****Cottonelle Flushable Wipes**

Biodegradable, flushable, alcohol-free. 168 wipes in softpack.

168 Ct  
**3786**  
**\$15.00****Medline FitRight Aloe Personal Wipes**Gentle aloe-based formula. Standard weight. 8" x 10".  
Unscented.100 Ct  
**1858**  
**\$10.00****Medline FitRight Aloe Personal Wipes**Gentle aloe-based formula. Standard weight. 8" x 10".  
Scented.100 Ct  
**1103**  
**\$5.00****ReadyFlush JR Biodegradable Flushable Wipes**

Safe for sewer and septic systems. 7" x 8". Unscented.

40 Ct  
**3948**  
**\$5.00****ReadyFlush SELECT Biodegradable Flushable Wipes**

Safe for sewer and septic systems. 8" x 12". Scented.

48 Ct  
**1117**  
**\$5.00**

# Physical Therapy

## Braces & Supports



### **CURAD Back Support with Dual-Pulley System**

Customized fit and compression for pulled muscles. Metal stays. Black. S/M.

1 Ct  
**4166**  
**\$25.00**



### **CURAD Back Support with Dual-Pulley System**

Customized fit and compression for pulled muscles. Metal stays. Black. L/XL.

1 Ct  
**4165**  
**\$25.00**



### **Medline Neoprene Slip-On Elbow Support**

For mild sprains, tennis elbow. Fits right or left. S (7"-9" wrist circum).

1 Ct  
**1176**  
**\$5.00**



### **Medline Neoprene Slip-On Elbow Support**

For mild sprains, tennis elbow. Fits right or left. M (9"-11" wrist circum).

1 Ct  
**1175**  
**\$5.00**



### **Medline Neoprene Slip-On Elbow Support**

For mild sprains, tennis elbow. Fits right or left. L (11"-13" wrist circum).

1 Ct  
**1174**  
**\$5.00**



### **Medline Carpal Tunnel Glove with Flexible Splint**

Cotton/spandex. For carpal tunnel, arthritis. Fits right or left. Black. Small.

1 Ct  
**1705**  
**\$25.00**



### **Medline Carpal Tunnel Glove with Flexible Splint**

Cotton/spandex. For carpal tunnel, arthritis. Fits right or left. Black. Medium.

1 Ct  
**1704**  
**\$25.00**



### **CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. 2XL (22"-24" circum).

1 Ct  
**5019**  
**\$10.00**



### **CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. S (14"-16" circum).

1 Ct  
**3738**  
**\$10.00**



### **CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. M (16"-18" circum).

1 Ct  
**4159**  
**\$10.00**



### **CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. L (18"-20" circum).

1 Ct  
**4157**  
**\$10.00**

**CURAD 9-Inch Elastic Pull-Over Knee Support**

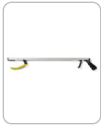
Compression for weak/injured knee. Fits right or left. XL (20"-22" circum).

1 Ct  
**4158**  
**\$10.00**

**Daily Living Aids****Medline Pistol Grip Reacher**

Extends your reach by 2 feet to grasp lightweight objects. 26" long.

1 Ct  
**2188**  
**\$10.00**

**Medline Pistol Grip Reacher**

Extends your reach by 2 feet to grasp lightweight objects. 32" long.

1 Ct  
**2126**  
**\$10.00**

**Exercise Bands, Balls & Tubing****Medline Green Latex Exercise Band Med Resistance**

Great for stretching, leg exercises, pull-ups and more. 6-yards long.

1 Ct  
**2117**  
**\$15.00**

**Fitness Technology****Medline Heart Rate Monitor Pedometer Watch**

Water resistant, 2 custom alarms, stores last 50 days of steps.

1 Ct  
**1651**  
**\$20.00**

**Hot & Cold Therapies****Medline Accu-Therm Reusable Hot/Cold Gel Pack**

Microwave for hot therapy, freeze for cold therapy. 5" x 10".

1 Ct  
**1041**  
**\$5.00**

**CURAD Hot or Cold Therapy Water Bottle 2 qt.**

Flexible, ridged rubber conforms to contours.

1 Ct  
**1639**  
**\$10.00**

**Protection Wear****Face Covering****Medline ASTM Level 1 3-Ply Face Mask**

Medical-grade with metal nosepiece and ear loops. Yellow.

50 Ct  
**3319**  
**\$10.00**

**Gloves****Medline FitGuard Touch Nitrile Exam Gloves**

Fully textured. Touchscreen sensitive. Dark blue. Size S.

100 Ct  
**4127**  
**\$10.00**



**Medline FitGuard Touch Nitrile Exam Gloves**

Fully textured. Touchscreen sensitive. Dark blue. Medium.

100 Ct  
**3461**  
**\$10.00****Medline FitGuard Touch Nitrile Exam Gloves**

Fully textured. Touchscreen sensitive. Dark blue. Large.

100 Ct  
**3460**  
**\$10.00****Medline FitGuard Touch Nitrile Exam Gloves**

Fully textured. Touchscreen sensitive. Dark blue. Size XL.

100 Ct  
**4128**  
**\$10.00****CURAD Nitrile Exam Gloves**

Durable protection with a soft touch. Blue. One size.

100 Ct  
**2038**  
**\$15.00****Respiratory****Air Quality****Habitat Cool Mist Ultrasonic Humidifier**

Compact and whisper quiet with LED light. 2.5L tank. For rooms up to 300 sq. ft.

1 Ct  
**5032**  
**\$40.00****Vitamins & Supplements****Amino Acids****Mason Natural L-Lysine Tablets 500 mg**

Natural amino acid dietary supplement.

100 Ct  
**1746**  
**\$10.00****Antioxidants****Medline Coenzyme Q10 Softgels 100 mg**

Contains soy.

30 Ct  
**1265**  
**\$10.00****Alpha Lipoic Acid Capsules 300 mg**

Dietary supplement.

50 Ct  
**1743**  
**\$20.00****Digestive Health****Sugar-Free Psyllium Fiber Powder Supplement 10 oz.**

Compare to the active ingredient in Metamucil. Orange flavor.

1 Ct  
**1734**  
**\$15.00****Natural Psyllium Fiber Powder Supplement 13 oz.**

Compare to the active ingredient in Metamucil. Orange flavor.

1 Ct  
**2260**  
**\$15.00**



**Cultelle Digestive Health Probiotic Capsules**  
10 billion active cultures. Naturally sourced Lactobacillus GG.

30 Ct  
**6106**  
\$25.00



**GeriCare Oral Probiotic Capsules 250 mg**  
Saccharomyces boulardii - the probiotic found in Florastor.

50 Ct  
**2318**  
\$40.00

## Letter Vitamins



**Folic Acid Tablets 400 mcg**  
Dietary supplement with 670 mcg DFE.

100 Ct  
**1271**  
\$5.00



**21st Century Vitamin A Softgels 10,000IU**  
Gluten-free.

110 Ct  
**1286**  
\$10.00



**GeriCare Vitamin B-6 Tablets 100 mg**  
Also known as Pyridoxine HCl.

100 Ct  
**1292**  
\$10.00



**Vitamin B12 Tablets 500 mcg**  
Vitamin B12 with calcium and phosphorus.

100 Ct  
**1291**  
\$10.00



**Vitamin B Complex Tablets**  
Contains 6 different B vitamins including B6, B12 and folic acid.

100 Ct  
**1753**  
\$10.00



**ImmuBlast Immune System Chewable Tablets**  
Compare to the active ingredients in Airborne. Citrus flavor.

32 Ct  
**1751**  
\$10.00



**Vitamin C Tablets 500 mg**  
Also called ascorbic acid.

100 Ct  
**1293**  
\$10.00



**21st Century Vitamin C-500 Chewable Tablets 500 mg**  
Orange flavor.

110 Ct  
**1750**  
\$10.00



**21st Century Vitamin D3 Tablets 50 mcg**  
Gluten-free.

250 Ct  
**1295**  
\$10.00



**Vitamin D3 Softgels 2000IU**  
Easier to swallow softgel.

100 Ct  
**2233**  
\$10.00



### Medline Vitamin E Softgels 90 mg

Easier to swallow softgel.

100 Ct  
**2078**  
\$10.00

## Minerals



### Calcium Citrate 315 mg + Vitamin D3 250 IU Tablets

Compare to the active ingredient in Citracal Maximum.

100 Ct  
**1747**  
\$10.00



### Oyster Shell Calcium 500 mg + 400 IU D3 Tablets

Compare to the active ingredients in Os-Cal 500 + D Chewable.

60 Ct  
**1748**  
\$10.00



### Calcium with Vitamin D3 Tablets 600 mg

Compare to the active ingredients in Caltrate 600 + D.

300 Ct  
**1749**  
\$15.00



### GoodSense Chocolate Calcium Chews 650 mg

Compare to the active ingredients in Viactiv.

60 Ct  
**1754**  
\$10.00



### Ferrous Sulfate Iron Tablets 325 mg

Each tablet provides 65 mg elemental iron from 325 mg ferrous sulfate.

100 Ct  
**1269**  
\$6.00



### 21st Century Iron Ferrous Gluconate Tablets 27mg

Gluten-free. Compare to Fergon.

100 Ct  
**2067**  
\$10.00



### GeriCare Magnesium Oxide Coated Tablets 400 mg

Compare to the active ingredient in MAG-OX 400.

120 Ct  
**1745**  
\$10.00

## Multivitamins



### Sentry Multivitamin & Mineral Tablets

Compare to the active ingredients in Centrum Adults.

130 Ct  
**1276**  
\$10.00



### Yum-V's Adult Gummy Multivitamins

With 800 IU vitamin D and 100% of RDA of vitamin C. Raspberry flavor.

60 Ct  
**1744**  
\$10.00



### Sentry Senior Multivitamin Mineral Age 50+

Compare to the active ingredients in Centrum SILVER Adults.

60 Ct  
**2252**  
\$10.00



**Sentry Senior Multivitamin Mineral Tablets**  
Compare to the active ingredients in Centrum SILVER.

100 Ct  
**1261**  
**\$10.00**

## Supplements



**Biotin Tablets 500 mcg**  
Dietary supplement also known as vitamin H, vitamin B7 or vitamin B8.

60 Ct  
**1258**  
**\$10.00**



**PreserVision AREDS 2 Eye Vitamin Mini Softgels**  
Easier-to-swallow miniGels. #1 doctor recommended brand.

60 Ct  
**2173**  
**\$30.00**



**Bausch + Lomb AREDS2 PreserVision Eye Vitamins**  
#1 doctor recommended brand.

120 Ct  
**1632**  
**\$50.00**



**Healthy Eyes Multivitamin Mineral Lutein Tablets**  
Compare to the active ingredients in Ocuville with Lutein.

60 Ct  
**1267**  
**\$10.00**



**GeriCare Eye Multivitamin and Mineral Tablets**  
With lutein.

60 Ct  
**3870**  
**\$10.00**



**Medline Flaxseed Oil Softgels 1000 mg**  
Also a source of alpha-linolenic acid.

60 Ct  
**3416**  
**\$5.00**



**Glucosamine 750 mg and Chondroitin 600 mg Tablets**  
Triple strength. Contains shellfish.

100 Ct  
**1755**  
**\$25.00**



**True Plus Glucose Chewable Tablets 4g**  
Raises low blood sugar and boosts energy. Orange flavor.

50 Ct  
**1757**  
**\$10.00**



**YumVs Complete Glucose Gummies**  
2 grams of carbohydrates per soft pectin chew. Vegan, gluten-free. Fruit flavor.

60 Ct  
**3893**  
**\$10.00**



**Nature's Bounty Melatonin Tablets 3 mg**  
Quick dissolve formula.

120 Ct  
**6093**  
**\$15.00**



**PlusPharma Melatonin Tablets 5 mg**  
Dietary supplement.

30 Ct  
**1275**  
**\$5.00**



**VitaJoy Melatonin Gummies Sleep Support 5 mg**

Gluten-free. Strawberry flavor.

120 Ct

**3730**

**\$15.00**



**Omega-3 Fish Oil Softgels 1000 mg**

Rich in essential Omega-3 fatty acids (EPA & DHA).

60 Ct

**2248**

**\$10.00**



**Medline Fish Oil Softgels 1000 mg**

Rich in essential Omega-3 fatty acids (EPA & DHA). 234 mg of Omega-3.

90 Ct

**3378**

**\$10.00**



**Nature Made Turmeric Curcumin Capsules 500 mg**

Standardized extract with no artificial flavors. Gluten-free.

60 Ct

**3737**

**\$15.00**

## About Mail Orders

- To receive your order faster, place it online.
- Products may be substituted throughout the year and pricing may vary. For the most up to date product catalog please refer to your online portal.
- A mail order form may take up to 4 weeks to process.
- If your total amount exceeds your current available benefit balance, we will remove the last items added to the form until it is within your benefit balance.
- Cash, checks, credit cards or money orders are not accepted via mail.
- If your mail order includes any out-of-stock items, the order will be processed without out-of-stock items.
- Need help placing an order? Call OTC benefits customer service.



Step 1: Provide all your information below

OTC Benefit Card #		Date of Birth (MM/DD/YYYY)	
Member ID			
First Name		Last Name	
Street #	Street Name	Apt/Suite #	
City	State	Zip Code	
Phone		Email	

Step 2: Pick your products

Item#	Product Description	Quantity	Price
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	_____	_____	_____
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Step 3: Place your order

Mail to: 1910 Innovation Way, Libertyville, IL 60048

If you place your order by mail using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to the benefit period in which we receive it.





## How to file a grievance with Kaiser Permanente

You can file a discrimination grievance with Kaiser Permanente if you believe we have failed to provide these services or unlawfully discriminated in another way. Please refer to your *Evidence of Coverage or Certificate of Insurance* for details. You may also speak with a Member Services representative about the options that apply to you. Please call Member Services if you need help filing a grievance.

To file a complaint or grievance call member services using the number on the back of your Kaiser Permanente Member ID card.



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**Visit your online ordering portal  
to place your order online.**

**Call your region's customer service  
number listed on page 2.**



**at  
home**



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PERMANENTE®**